



The Northeast Martial Arts Council presents:

The NEMAC Team Tournament

Date: Saturday, December 5th, 2009

Time: 12:30pm Registration, 1 – 4:30pm Competition

Place: White Plains YMCA Gymnasium (Directions below)

Fee: \$15/person, 2 events (Team Kata, Team Kumite)

Prizes: NEMAC T-shirts for 1st, 2nd, 3rd-place teams!!

YMCA White Plains
250 Mamaroneck Avenue,
White Plains, NY 10605
914-949-8030

From Points West of White Plains: Interstate 287 East (Cross Westchester Expressway) to Exit 8W-Rt 119. Go to 2nd traffic light and make a right onto Maple Ave. Go up hill past four traffic lights to Mamaroneck Ave., and make a left. YMCA is on the right.

From Points East of White Plains: Interstate 287 West (Cross Westchester Expressway) to Exit 8 (Westchester Ave.) Bear left at first light. Go two more traffic lights and make a left onto Bloomingdale Rd. Next light make a right onto Maple Ave. Go up hill past four traffic lights to Mamaroneck Ave. Make a left. YMCA is on the right.

For more information, please contact Joel Gonzalez-Blanco at 914-422-9122, rsquanky@aol.com, or Greg Sullivan at 914-946-8439, gregmsull@yahoo.com.